



Adventure and Attractions

Blue Ridge Parkway Communities and North Cove:

Located in this trail area, is a NC Century Farm operating a retail shop, English Farmstead Cheese. Pick up treats to enjoy on the ride or at your destination. Open Friday/Saturday.

Next, check out a unique disc golf course, the North Cove Social Club. This new public course will surprise you! The next stop is neighboring Linville Caverns. These are North Carolina's only public caverns.

As you approach the Linville Falls Winery, you'll pass an entry point for the Blue Ridge Parkway. Consider a detour before or after this stop. The Parkway section between Linville Falls and Crabtree Falls is stunning. It includes the seasonal community of Little Switzerland.

Marion, Old Fort, Lake James:

Five of our twelve stops are located inside downtown Marion. Park the car and spend time tasting your way through this fun section of town.

Lake James and the two Lake James State Parks offer biking and hiking trails, campgrounds, a swimming beach, and canoe/kayak rentals. When stopping by Mica Town Brewing Nebo and Fonta Flora Brewery, spend a few hours by the lake.



Stay With Us

When you visit the mountains, you expect to find amazing scenery and cozy accommodations. You'll find iconic lodging properties, B&Bs, inns, campgrounds, short-term vacation rentals, and your favorite national hotel brands. Find them by visiting us online or call to request free guides and brochures.

Events

We are a year-round destination with activities and year-round events. Beginning in spring, events take off with the Hellbender 100-Miler followed by the Pioneer Day Festival, Route 70 Cruisers Car Show, Memorial Weekend Car Show, Marion's Big Foot Festival, Marion Livermush Festival, Mountain Glory Festival and ring in the New Year with Main Street celebrations in Marion. Find additional arts and crafts strolls, pop-up events, and seasonal activities on our website event calendar.



McDowell County Tourism Authority

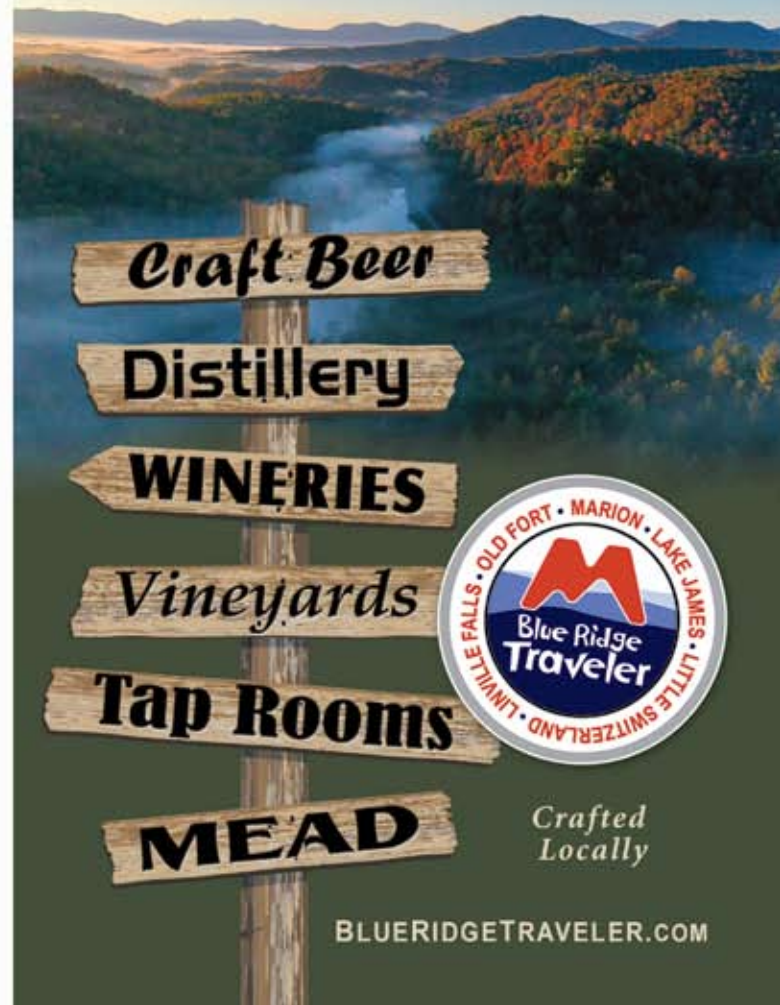
91 South Catawba Avenue
Old Fort, North Carolina 28762

828-668-4282

BLUERIDGETRAVELER.COM

MARION • OLD FORT • LAKE JAMES
LITTLE SWITZERLAND • LINVILLE FALLS

HIGH SPIRITS TRAIL



Crafted Locally

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Blue Ridge Traveler

HIGH SPIRITS TRAIL



Handcrafted SPIRITS and More

The Blue Ridge Traveler's High Spirits Trail features 12 uniquely crafted tasting experiences. Each stop is locally-owned by a brewer, vintner or distiller using regional and local ingredients supporting and showcasing our agricultural community. Pick up more local goodness to enjoy with your beverages, like specialty cheeses, crackers and honey. Along the trail, you'll find charming downtowns in Marion and Old Fort, opportunities for outdoor adventure on hiking and biking trails, detours on the Blue Ridge Parkway, and the beauty of Lake James.

- 1 Hillman Beer**
78 Catawba Avenue
Old Fort, NC 28762
828-668-6372
- 2 Mica Town Brewing Company**
25 Brown Drive
Marion, NC 28752
828-559-8300
- 3 Refinery 13 Taproom**
13 N. Main Street
Marion, NC 28752
828-559-0027
- 4 Taylors Brewing Company**
125 W. Henderson Street
Marion, NC 28752
828-559-0778
- 5 Keepers Cut Meadery**
175 W. Henderson Street
Marion, NC 28752
828-527-6326
- 6 Copper Creek Distillery**
2550 US-221 Business
Marion, NC 28752
- 7 Mica Town Brewing Nebo**
311 NC 126
Nebo, NC 28761
828-527-0963
- 8 South Creek Winery & Vineyard**
2240 South Creek Road
Nebo, NC 28761
828-652-5729
- 9 Fonta Flora Brewery Whipporwill**
6751 NC 126
Nebo, NC 28761
828-475-7501
- 10 Silver Fork Winery**
5000 Patton Road
Morganton, NC 28655
828-391-8783
- 11 Linville Falls Winery**
9557 Linville Falls Highway
Newland, NC 28657
828-765-1400
- 12 Whaley Farm Brewery**
178 Catawba Ave.
Old Fort, NC 28762
828-668-6352